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5th National Lymphoedema Conference

Increasing patient motivation and enhancing self-care

America Square
Conference Centre, London
1st March 2018



Follow us on Twitter: @MAHealthEvents

Limited availability: book your free place now

 www.lymphoedemaconference.co.uk



Objectives:

5th National Lymphoedema

Conference: 'Increasing patient motivation and enhancing self-care' will bring together the leading specialists in the discipline to present and inspire discussion on the issues and debates that are most relevant to lymphoedema treatment and research today.

Attending the conference will:

- Provide insight into the latest developments in lymphoedema management
- Give you a clear understanding of varicose eczema and chronic swelling and the basics of dermatology
- Provide information on how to set up a Red Leg service in your area
- Give you the opportunity to explore the impact of compression after surgery
- Highlight the challenges in managing the obese patient and of providing cost-effective wound care
- Give you a chance to share and exchange your ideas with other professionals in the field

Target audience

- Lymphoedema clinical nurse specialists
- Community nurses with an interest in lymphoedema treatment
- Nurse specialists in disciplines that overlap with lymphoedema (e.g. dermatology)
- Nurse consultants developing their practice and training others
- Healthcare assistants
- Any other professional with an interest in lymphoedema

5th National Lympho

Increasing patient motivation and enhancing self-care

Thursday 1st March 2018

08:30–09:15 Registration, refreshments and exhibition viewing

09:15–09:20 Welcome and introduction by Chair

CHAIR: **Annabel De Coster**

Editor, *British Journal of Community Nursing*, London

09:20–09:55 **Challenges of understanding self-management in chronic oedema**

Aimee Aubeeluck

Associate Professor, Faculty of Medicine & Health Sciences, University of Nottingham

09:55–10:00 Q&A

10:00–10:30 **Varicose eczema and chronic swelling/the basics of dermatology**

Speaker to be confirmed

10:30–10:35 Q&A

10:35–11:05 **How to set up a Red Leg service in your area**

Rebecca Elwell

Macmillan Lymphoedema Nurse Specialist, University Hospitals of North Staffordshire NHS Trust

11:05–11:10 Q&A

11:10–11:40 Refreshments and exhibition viewing

11:40–12:10 **How increasing the variations in hosiery available on drug tariff has a positive impact on reducing caseloads of specialist clinics. Clinical Audit**

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Natalie Lee

Clinical Manager, Haddenham Healthcare

12:10–12:15 Q&A

12:15–12:45 **Impact of compression after surgery: Lipoedema UK survey**

Sharie Fetze

Chair, Lipoedema UK

12:45–12:50 Q&A

12:50–13:50 Lunch and exhibition viewing

Limited availability: book now



www.lymphoedemaconference.org

Patient motivation enabling self-care

13:50–14:25 **How to establish thorough vascular assessment in the absence of ABPI**

Paula Lawrence

MacMillan Clinical Nurse Manager, Lymphoedema and Tissue Viability, Betsi Cadwaladr University Health Board

14.20–14.25 **Q&A**

14:25–15:00 **Panel discussion: working Doppler group**

CHAIR:

Rebecca Elwell

Macmillan Lymphoedema Nurse Specialist,
University Hospitals of North Staffordshire NHS Trust

PANEL:

Tracy Green (tbc)

Paula Lawrence

MacMillan Clinical Nurse Manager, Lymphoedema and Tissue Viability, Betsi Cadwaladr University Health Board

15:00–15:30 **Outcomes of treatment when using the LTA method of bandage application in Lymphoedema Compression bandaging of the limbs. Retrospective Study**

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Jane Wigg

Director,
Lymphoedema Training Academy

Stacy Pugh

Clinical Nurse Manager,
Wolverhampton Lymphoedema Service.

15.30–15.35 **Q&A**

15:35–16:00 **Refreshments and exhibition viewing**

16:00–16:30 **Managing the obese patient**

Speaker to be confirmed

16.30–16.35 **Q&A**

16:35–17:05 **The challenge of providing cost-effective wound care**

Speaker to be confirmed

17.05–17.10 **Q&A**

17:10 **Close of conference**



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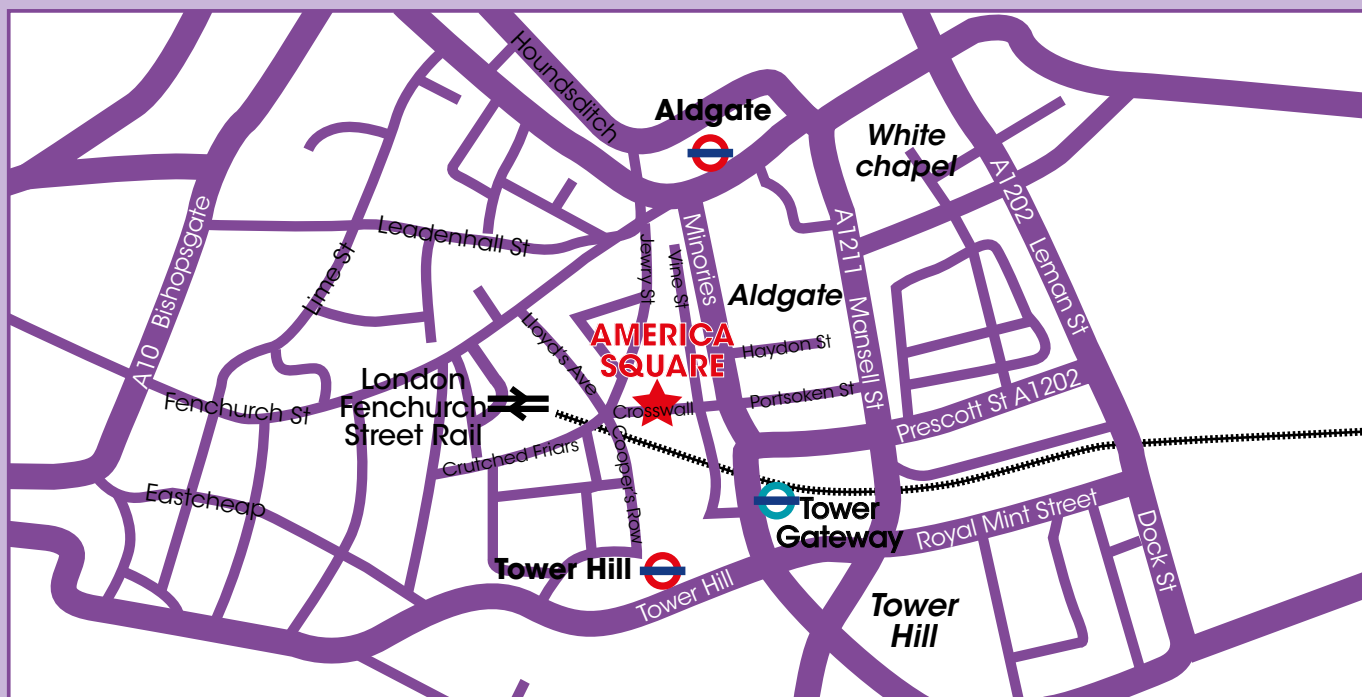
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How to get to the venue

America Square Conference Centre, 1 America Square,
17 Crosswall, London EC3N 2LB

By Underground: Tower Hill – 1 min walk (District, Circle and Docklands Light Rail Services). On leaving Tower Hill tube station by walking straight out of the exit, turn right and walk for 100 meters past the Grange City Hotel and under the overhead train line bridge where you should turn right into Crosswall. The entrance to America Square Conference Centre is 50 metres on your right through the revolving doors.

By Car: Please note that this venue is within the Congestion Charge Zone. There is no parking at the America Square Conference Centre.